



Cover Letter

Thank you for scheduling your appointment, procedures and care at Rejuv Medical. We look forward to serving you with the highest level of professionalism while providing exceptional patient outcomes.

Dr. Joel Baumgartner M.D., a board certified medical physician specializing in non-surgical orthopedic and sports medicine, designed this medical center with a mission to reverse the impact of disease and degeneration through evidence-based treatments. Rejuv is a state licensed Medicare certified medical practice. Rejuv is committed to meeting the needs of those we serve, and our goal is to afford the community access to quality health care in a comfortable and cost-effective environment.

To ensure the best possible visit it is important that all paper work and necessary requested medical information be provided during your visit. Below is a check list of the needed paperwork and records to make the most of your time and the physicians. If you do not have the paperwork completed, please arrive 30 minutes before your appointment.

What to Bring to Your Appointment:

- _____ Medical History
- _____ Lab work completed within the last year
- _____ Imaging (X-rays, MRI, or other imaging) completed within the last year
- _____ Demographics
- _____ Insurance & Financials Policies
- _____ Privacy Notices
- _____ Release of Information
- _____ How Did You Hear About Us?

Name _____ Date of Birth _____
Primary Care Provider _____
Referring Provider _____



New Patient Intake Paperwork

Your completed intake paperwork helps our providers get to know you and your medical history. We know this is a lengthy form but we rely on its accuracy and completeness to provide you with the best possible care and a successful first visit. If you have any questions about completing the forms please contact us at FrontDesk@RejuvMedical.com or by phone at (320) 217-8480.

Treatments Coordinated by Rejuv Medical

What types of treatments might you be interested in?

- | | | |
|---|---|---|
| <input type="checkbox"/> Regenerative Therapy
(Stem Cell, PRP, Prolotherapy) | <input type="checkbox"/> Weight Loss/ Health
Restoration | <input type="checkbox"/> Joint Injections |
| <input type="checkbox"/> Medical Fitness/ Exercise | <input type="checkbox"/> Dietary Supplements | <input type="checkbox"/> IV Therapy |
| <input type="checkbox"/> Functional Medicine | <input type="checkbox"/> Allergy Testing | <input type="checkbox"/> Hair Restoration |
| <input type="checkbox"/> Food Sensitivity Testing | <input type="checkbox"/> Physical Therapy | <input type="checkbox"/> Regenerative Esthetics |
| <input type="checkbox"/> Hormone Evaluation | | <input type="checkbox"/> Primary Care |

What are your health care goals? _____

What is your primary area of pain? _____

Any other concerns you would like addressed? _____

Please list the location of your pain: _____

☐ I am not taking any medications[illegible]

☐ I am not taking any supplements

[illegible]

Name _____ Date of Birth _____



Past Medical History

Mark the following conditions/ diseases that you currently have or have been treated for in the past:

General/Infection

Disease

- ☐ Cancer: _____
- ☐ Tuberculosis
- ☐ Lyme Disease
- ☐ MRSA
- ☐ HIV / AIDS

Head/ Eyes/ Ears/ Nose/

Throat

- ☐ Headaches
- ☐ Migraines
- ☐ Head Injury
- ☐ Glaucoma

Musculoskeletal

- ☐ Carpal Tunnel Syndrome
- ☐ Chronic Low Back Pain
- ☐ Chronic Neck Pain
- ☐ Chronic Joint Pain
- ☐ Fibromyalgia
- ☐ Osteoporosis
- ☐ Osteoarthritis
- ☐ Rheumatoid Arthritis

Respiratory

- ☐ Asthma
- ☐ Bronchitis
- ☐ Emphysema/ COPD
- ☐ Obstructive Sleep Apnea
- ☐ Seasonal Allergies

Genitourinary/ Nephrology

- ☐ Bladder Infection(s)
- ☐ Dialysis
- ☐ Kidney Infection(s)
- ☐ Kidney Stones
- ☐ Urinary Incontinence
- ☐ Prostate Issues

Gastrointestinal

- ☐ Bowel Incontinence
- ☐ GERD (Acid Reflux)
- ☐ Gastrointestinal Bleeding
- ☐ Constipation
- ☐ Ulcer
- ☐ Gallbladder Disease
- ☐ Fatty Liver
- ☐ Liver Disease

Endocrine

- ☐ Diabetes Type: _____
- ☐ Hyperthyroid
- ☐ Hypothyroid
- ☐ Vitamin D Deficiency
- ☐ Vitamin B12 Deficiency
- ☐ Low Testosterone
- ☐ Menstrual Disorder
- ☐ Polycystic Ovarian Syndrome
- ☐ Post Menopause

Cardiovascular/

Hematologic

- ☐ Anemia
- ☐ Bleeding Disorder
- ☐ Heart Attack
- ☐ High Blood Pressure
- ☐ High Cholesterol
- ☐ Valve Disorder
- ☐ Murmur
- ☐ Phlebitis
- ☐ Poor Circulation
- ☐ Stroke
- ☐ Coronary Artery Disease
- ☐ Blood Clot
- ☐ Peripheral Vascular Disease
- ☐ Congestive Heart Failure

Neuro- Psychosocial

- ☐ Alcohol Abuse
- ☐ Prescription Drug Abuse
- ☐ Alzheimer Disease
- ☐ Depression
- ☐ Anxiety
- ☐ Bipolar Disorder
- ☐ Schizophrenia
- ☐ Seizures
- ☐ Multiple Sclerosis
- ☐ Paralysis
- ☐ Peripheral Neuropathy
- ☐ Reflex Sympathetic Dystrophy/ CRPS
- ☐ Restless Leg Syndrome

Other medical conditions:

Name _____ Date of Birth _____



Allergies to Medications & Foods

☐ I do not have any known drug allergies

Food or Drug Name	Reaction

Topical Allergies: ☐ Iodine ☐ Latex ☐ Tape

Are you allergic to shellfish? ☐ Yes ☐ No

Surgical History

Spine

Levels

Date

- ☐ Discectomy _____
- ☐ Laminectomy _____
- ☐ Spinal Fusion _____
- ☐ Spinal Cord Stimulator _____
- ☐ Other _____

Heart

Date

- ☐ Valve Replacement _____
- ☐ Aneurysm Repair _____
- ☐ Stent Placement _____
- ☐ Vascular Surgery _____
- ☐ Other _____

Joint

Type

Left/Right

Date

- ☐ Ankle/ Foot _____
- ☐ Knee _____
- ☐ Hip _____
- ☐ Shoulder _____
- ☐ Wrist/ Hand _____
- ☐ Other _____

Female Surgeries

Date

- ☐ Cesarean Section _____
- ☐ Hysterectomy _____
- ☐ Laparoscopy _____
- ☐ Ovarian _____
- ☐ Other _____

Abdominal

Date

- ☐ Gallbladder _____
- ☐ Appendectomy _____
- ☐ Gastric Bypass _____
- ☐ Other _____

Other Surgeries

Date

- ☐ Thyroidectomy _____
- ☐ Hemorrhoid surgery _____
- ☐ Hernia Repair _____

Any other surgeries, dates and details: _____

Name _____ Date of Birth _____



Family History

Please indicate family medical problems and the family members that they pertain to:

Family Member:	Diabetes (Type)	High Blood Pressure	Heart Disease	Stroke	High Cholesterol	Hypothyroid	Cancer (Type)	DVT	Status (Living/Deceased)	Age
Mother										
Father										
Sibling(s)										
Son(s)										
Daughter(s)										
Maternal Grandmother										
Paternal Grandmother										
Maternal Grandfather										
Paternal Grandfather										
Maternal Aunt(s)										
Paternal Aunt(s)										
Maternal Uncle(s)										
Paternal Uncle(s)										

Other family medical problems: _____

☐ No significant family medical history

☐ Adopted (No family history available)

Name _____ Date of Birth _____



Social History

Tobacco Use

☐ Never used tobacco

☐ Current Smoker

Do you smoke every day? ☐ Yes ☐ No

How many cigarettes per day do you smoke? ☐ <5 ☐ 6-10 ☐ 11-20 ☐ 21-30 ☐ >31

How soon after waking do you have your first cigarette? ☐ Within 5 minutes

☐ Within 30 minutes ☐ Within an hour ☐ After an hour or more

Are you interested in quitting? ☐ Yes ☐ No ☐ Thinking about it

☐ Former smoker

How long has it been since you last smoked? ☐ < 1 month ☐ 1-3 months

☐ 3-6 months ☐ 6-12 months ☐ 1-5 years ☐ 5-10 years ☐ > 10 year

Other

☐ Smokeless/ Chewing Tobacco ☐ Electronic Cigarette ☐ Second hand smoke exposure

Alcohol Use

Did you have a drink containing alcohol in the past year? ☐ Yes ☐ No ☐ Active in AA

If Yes:

- How often did you have a drink containing alcohol? ☐ Monthly or less
☐ 2-4 times a month ☐ 2-3 times a week ☐ 4 or more times a week
- How many drinks did you have on a typical day that you were drinking? ☐ 1-2 ☐ 3-4
☐ 5-6 ☐ 7-9 ☐ >10
- How often did you have 6 or more drinks on one occasion? ☐ Never ☐ Monthly or less
☐ Monthly ☐ Weekly ☐ Daily or almost daily

Illegal Drug Use

Have you ever used illegal drugs? ☐ Never ☐ Former ☐ Current ☐ Active in NA

If 'Former', which? _____ If 'Current', which? _____

Have you ever used someone else's prescription? ☐ No ☐ Yes, which? _____

Have you ever abused narcotic or prescription medications? ☐ No ☐ Yes, which? _____

Genetic/ Ethnic Background/Ancestry: _____

Marital Status: ☐ Married ☐ Single ☐ Divorced ☐ Widowed ☐ Other: _____

Highest level of education: ☐ Grammar School ☐ High School ☐ College ☐ Post-Graduate

Are you working? ☐ Yes ☐ No ☐ Retired If 'Yes', Employer: _____

Job Description: _____ If 'Retired', what type of work did you do? _____

Are you on Disability? ☐ Yes ☐ No If so, why and since when? _____

Are you capable of becoming pregnant? ☐ Yes ☐ No If so, are you currently pregnant? ☐ Yes ☐ No

Do you have any history of physical, sexual, or emotional abuse? ☐ Yes ☐ No

If you feel comfortable doing so, please explain _____

Name _____ Date of Birth _____



Lifestyle Questions

Height _____ Weight _____

Diet

Do you feel you eat a healthy diet on a daily basis? ☐ Yes ☐ No

Do you follow a specific dietary lifestyle? ☐ Vegan ☐ Vegetarian ☐ Paleo ☐ Keto ☐ South Beach
☐ Mediterranean ☐ Intermittent Fasting ☐ Atkins ☐ No specific dietary approach

Have you ever had an eating disorder? ☐ No ☐ Yes, Type: _____

How much water do you consume daily? ☐ < 64 ounces ☐ > 64 ounces

Do you consume less than 5 servings of fruits and vegetables per day? ☐ Yes ☐ No

Do you consume caffeinated beverages? ☐ Yes ☐ No If so, how many per day? ☐ 1-2 ☐ 3-4 ☐ 5-7

Do you eat at restaurants frequently? ☐ Yes ☐ No Do you eat fast food frequently? ☐ Yes ☐ No

Do you consume any foods with artificial colors, sweeteners, or preservatives? ☐ Yes ☐ No

Exercise

Do you exercise? ☐ Yes ☐ No If so, how many days per week? ☐ 1-2 ☐ 3-4 ☐ 5-7

What type of exercise do you enjoy? _____

How much time do you exercise on the days you do exercise? ☐ 15-30 min ☐ 30-60 min ☐ >60 min

Explain your exercise goals: _____

Involved in any sports or hobbies? ☐ Yes ☐ No If so, please list _____

Fatigue

Are you tired or fatigued? ☐ Yes ☐ No How long have you been fatigued? _____

Average daily energy level? ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

What time of day do you have the most energy? _____

What time of day do you have the least amount of energy? _____

Sleep

How many hours do you sleep on average each night? ☐ <5 ☐ 6 ☐ 7 ☐ 8 ☐ >8

Do you wake feeling refreshed? ☐ Yes ☐ No Do you snore? ☐ Yes ☐ No

Have you ever had a sleep study? ☐ Yes ☐ No If so, when and what were the results? _____

Stress

Do you have a lot of stress in your life currently? ☐ Yes ☐ No

If so, what is the usual source of the stress? _____

What is your typical daily stress level? ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

Are you easily upset or irritated? ☐ Yes ☐ No Are you constantly keyed up or jittery? ☐ Yes ☐ No

What is your current outlet or strategy to deal with stress? _____

Name _____ Date of Birth _____



Review of Systems

Mark any that have occurred in the LAST MONTH:

General:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Change of appetite | <input type="checkbox"/> Weight loss | <input type="checkbox"/> Weight gain | <input type="checkbox"/> Excessive thirst |
| <input type="checkbox"/> Chills | <input type="checkbox"/> Always tired | <input type="checkbox"/> Night sweats | <input type="checkbox"/> Hot flashes |
| <input type="checkbox"/> Intolerant of cold | <input type="checkbox"/> Puffiness | <input type="checkbox"/> Lack of libido | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Swelling | <input type="checkbox"/> Frequent infections | <input type="checkbox"/> Belts fit differently | |

Head/Eyes/Ears/Nose/Throat:

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> Sinus pain | <input type="checkbox"/> Allergies (seasonal) | <input type="checkbox"/> Nasal discharge | <input type="checkbox"/> Nasal congestion |
| <input type="checkbox"/> Change in vision | <input type="checkbox"/> Ear pain | <input type="checkbox"/> Ear discharge | <input type="checkbox"/> Hearing loss |
| <input type="checkbox"/> Bleeding gums | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Trouble swallowing | <input type="checkbox"/> Tooth pain |
| | | <input type="checkbox"/> Sore throat | |

Respiratory:

- | | | | |
|--|---------------------------------------|---|--------------------------------------|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Blood sputum | <input type="checkbox"/> Snoring | <input type="checkbox"/> Sleep apnea |
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Breathing discomfort | |

Cardiovascular:

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Shortness of breath during sleep | <input type="checkbox"/> Fainting | <input type="checkbox"/> Calf or leg pain |
| <input type="checkbox"/> Swelling in hands or feet | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Deep vein thrombosis | <input type="checkbox"/> Irregular heartbeat |
| | <input type="checkbox"/> High blood pressure | | <input type="checkbox"/> Lightheadedness |

Gastrointestinal:

- | | | | |
|--------------------------------------|--|---|---|
| <input type="checkbox"/> Excess gas | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Vomiting/ dry heaves | <input type="checkbox"/> Bloating |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Constipation | <input type="checkbox"/> Dark/ tarry stools | <input type="checkbox"/> Bloody stools |
| <input type="checkbox"/> Rectal Pain | <input type="checkbox"/> Rectal Bleeding | <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Abdominal cramps |
| <input type="checkbox"/> Nausea | | | |

Genitourinary:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Urinary Urgency | <input type="checkbox"/> Weak stream | <input type="checkbox"/> Increased frequency | <input type="checkbox"/> Difficulty starting stream |
| <input type="checkbox"/> Waking at night to urinate | <input type="checkbox"/> Foul urine odor | <input type="checkbox"/> Painful urination | |
| | <input type="checkbox"/> Loss of urine | | |

Skin:

- | | | | |
|---|----------------------------------|--------------------------------------|------------------------------------|
| <input type="checkbox"/> Changes in hair, skin or nails | <input type="checkbox"/> Rash | <input type="checkbox"/> Discoloring | <input type="checkbox"/> New moles |
| | <input type="checkbox"/> Tattoos | | |

Lymphatic/ Hematologic:

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> Frequent infections | <input type="checkbox"/> Swollen glands | <input type="checkbox"/> Easily bruised | <input type="checkbox"/> Unexplained bruising |
|--|---|---|---|

Name _____ Date of Birth _____



Mental Health:

☐ Frequent awakenings
☐ Sense of hopelessness

☐ Difficulty organizing thought
☐ Depression
☐ Suicidal thoughts

☐ Changes in behavior
☐ Difficulty sleeping
☐ Loss of interest in hobbies or activities

☐ Difficulty concentrating
☐ Hallucinations
☐ Poor impulse control

Men Only:

☐ Dribbling after urination

☐ Penile discharge
☐ Scrotal pain

☐ Swelling in scrotum

☐ Erectile dysfunction

Women Only:

☐ New breast lump(s)
☐ Frequent yeast infections

☐ Vaginal dryness
☐ Irregular periods
☐ Breast discharge

☐ No menstrual bleeding
☐ Post menstrual
☐ Breast pain

☐ Pelvis Pain
Last menstrual period: _____

Medical History and Consent for Treatment

I certify that the above information is accurate, complete and true.

I authorize Rejuv Medical and any associates, assistants, and other health care providers it may deem necessary, to treat my condition. I understand that no warranty or guarantee has been made of a specific result or cure. I agree to actively participate in my care to maximize its effectiveness.

I give my consent for Rejuv Medical to retrieve and review my medication history. I understand that this will become part of my medical record.

I acknowledge that I have had the opportunity to review Rejuv Medical Notice of Privacy Practices, which is displayed for public inspection at its facility and on its website. This Notice describes how my protected health information may be used and disclosed, and how I may access my health records.

I authorize the Rejuv Medical to release my Protected Health Information (medical records) in accordance with its Notice of Privacy Practices. This includes, but is not limited to, release to my referring physician, primary care physician, and any physician(s) I may be referred to. I also authorize Rejuv Medical to release any information required in obtaining procedure authorization or the processing of any insurance claims.

I understand that Rejuv Medical will not release my Protected Health Information to any other party (including family) without my completing a written "Patient Authorization for Use and Disclosure of Protected Health Information" form, available at its facility and on its website.

In the event that I am asked to provide a urine and/or blood sample, I voluntarily seek laboratory services and hereby consent to provide a urine and/or blood sample as requested. I have the right to refuse specific tests, but understand this may impact my pain management treatment. This agreement can be revoked by me at any time with written notification and is valid until revoked.

*Signed: _____

Date: _____

Parent/Guardian Name (if under 18) : _____

**fully typed name constitutes my legal signature*

Demographics



First Name	M.I.	Last Name	DOB	Gender
Address		City	State	Zip
Home Phone Number	Mobile Phone Number		Social Security Number	
Email (We do not sell, rent or distribute your email address per HIPAA Law)		If Patient is a Minor; Name of Responsible Party		DOB of Responsible Party
Preferred Method for Appointment Confirmation: <input type="checkbox"/> Text <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> I do not want appointment confirmation				

Occupation	Employer	Work Phone Number
Employment Status: <input type="checkbox"/> Full-Time <input type="checkbox"/> Part-Time <input type="checkbox"/> Retired <input type="checkbox"/> Student <input type="checkbox"/> Disabled <input type="checkbox"/> Not Employed / N/A		Marital Status: <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <input type="checkbox"/> Other _____
Race: <input type="checkbox"/> White <input type="checkbox"/> Black or African American <input type="checkbox"/> Hispanic <input type="checkbox"/> Asian <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Native Hawaiian or Pacific Islander <input type="checkbox"/> Other: _____ <input type="checkbox"/> Prefer not to say		
Preferred Language: <input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Somali <input type="checkbox"/> Other _____		Ethnicity: <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino <input type="checkbox"/> Prefer not to say

Emergency Contact Person	Relationship	Emergency Contact Phone Number
--------------------------	--------------	--------------------------------

Primary Insurance Carrier	ID Number	Group Number	
Primary Insurance Carrier Address	City	State	Zip
Name of insured/ Policy Holder	Relationship to insured	DOB	Gender

Secondary Insurance Carrier	ID Number	Group Number	
Secondary Insurance Carrier Address	City	State	Zip
Name of insured/ Policy Holder	Relationship to insured	DOB	Gender

Demographics



*Please initial the following and sign below:

_____ Rejuv Medical cannot guarantee insurance coverage by your insurance carrier. The information you provide will assist us in determining if some of the expenses are reimbursable by your HMO or insurance.

_____ I certify that the information I am providing is true & correct. That I (or my dependent) have insurance coverage and assign directly to Rejuv Medical all insurance benefits, if any, otherwise payable to me for services rendered. I understand and agree that I am ultimately responsible for payment that may not be covered.

_____ I understand that I am financially responsible for all charges whether or not paid by my insurance carrier.

_____ I authorize the release of all information necessary to secure the payment of benefits. I authorize the use of this signature on all insurance submissions.

*Patient/Responsible Party Signature

**fully typed name constitutes my legal signature*

Relationship

Date

Notice of Privacy Practices

Acknowledgement of Receipt of Notice of Privacy Practices

I certify that I have received a copy of Notice of Privacy Practices. The Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that might occur in my treatment, payment of my bills or in the performance of Rejuv Medical's health care operations. The Notice of Privacy Practices also describes my rights and Rejuv Medical's duties with respect to my protected health information. The Notice of Privacy Practices is available from your therapist.

Rejuv Medical reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised Notice of Privacy Practices by calling the office and requesting a revised copy be sent in the mail or asking for one at the time of my next appointment.

Name of Patient or Personal Representative

Date _____

Description of Personal Representative's Authority

*Signature of Patient or Personal Representative

**fully typed name constitutes my legal signature*



PERMISSION FOR VERBAL COMMUNICATIONS

(Print name of patient)

(Date of Birth)

(Street address)

(Phone)

(City, State, Zip)

I permit Rejuv Medical, their physicians, nurses, and other personnel to discuss health information, in person or by telephone, with the following people or organizations involved in my medical care.

This authorization is limited to discussions regarding the following medical condition:

(If no limitations are listed, discussions will be permitted regarding any medical condition for which the patient has received care)

Name	Phone Number	Relationship
_____	_____	_____
_____	_____	_____
_____	_____	_____

Release of information under this document is limited to verbal discussions with my health care providers. This document does not permit the release of any written health information to the individuals named above with exception given to other health care providers needing information for continuation of care.

This authorization is valid for 1 year from signing or until: _____

I understand that I may revoke this permission at any time but I must notify Rejuv Medical, who I wish to remove from the list and the date they need to be removed. This may be done either in writing or by talking with the Release of Information/ Business Office.

*Patient's Signature - **fully typed name constitutes my legal signature*

Date

If this Release is signed by a representative on behalf of the patient, please complete the following:

Name and Relationship to patient: _____

Reason not signed by the patient: _____

Return completed form to
Rejuv Medical
901 3rd Street North
Waite Park, MN 56387
Attention: Release of Information



Insurance & Financial Policies

Insurance

Insurance is a contract between you and your insurer. If your insurance company pays only part of your bill or rejects your date of service, you are financially responsible for the balance and are to pay it upon receipt of your statement. Rejuv Medical, PA will not become involved in disputes regarding your co-payments, deductible, covered/non-covered charges, OR procedures that are considered investigational/experimental, and services that are considered “not medically necessary”.

Patients without Insurance

Patients without insurance are required to pay for service at the time of check out with a self-pay discount of 40%.

Referrals

Some insurance companies may require a referral to receive care at Rejuv Medical, PA. It is your responsibility to obtain this referral if required. Unauthorized services will be the financial responsibility of the patient. The following insurance plans need referrals to receive care at Rejuv Medical, PA:

Health Partners with a Group Number 3080

Blue Cross Blue Shield with alpha prefix of MNA and JZD.

Veterans Affairs

*** Additional plans may be added as Rejuv works with other insurance companies***

In-Network Vs Out-of-Network

It is the responsibility of the patient to reach out to their insurance to confirm that Rejuv Medical, PA is an In-Network provider. Rejuv Medical, PA is not responsible for any insurance coverage changes throughout the year, and it is the sole responsibility of the **patient** to notify Rejuv Medical, PA in a timely manner if changes occur.

Rejuv Medical, PA is **In-Network** with MOST of the following carriers:

Aetna	Blue Cross Blue Shield	Champ VA	Cigna
Health Partners	Humana	Medica	Medicare
Medical Assistance	Preferred One	Tricare	Ucare
United Health Care			

Rejuv Medical, PA is **Out-of-Network** with the following carriers:

PrimeWest

Itasca Medical

US Department of Labor (Workers Comp)

***A few specific plans **may** consider Rejuv Medical as out-of-network, and charges may be applied to your out-of-network benefits. We are aware of these plans:

Health Partners High Peak Value

Preferred One Preferred Health

United Health Care AARP

*** Additional plans may be added as Rejuv Medical works with other insurance companies***



Worker's Compensation (WC)

We require written approval or authorization by your worker's compensation carrier prior to your initial visit and treatment plan. The following information must be provided to file your claim; 1) Worker's compensation insurance name, 2) claim submission address, 3) claim number, 4) date of injury, 5) body part that was injured, 6) adjuster name, phone, and fax number. If information is not provided the balance will be patient responsibility at the time of check out, as medical insurance typically does not cover injuries sustained at work. Commercial insurance information must also be provided in the event these claims are denied by the Workers Comp insurer.

Motor Vehicle Accident (MVA)

Patients involved in motor vehicle accident and seeking treatment related to injuries sustained need to provide the following to bill your date of service; 1) auto insurance name, 2) claim submission address, 3) claim number, 4) date of accident, 5) injury sustained. If information is not provided the balance will be patient responsibility at the time of check out as medical insurance typically does not cover injuries sustained in a motor vehicle accident until benefits have been exhausted. Commercial insurance information must also be provided in the event these claims are denied by the Auto insurer.

Covered Vs. Covered-in-Full (Paid)

Covered: Benefits are processed according to your insurance plan's rules for cost-sharing. If there is a deductible, you will pay the negotiated rate and it will apply to your deductible and out-of-pocket max. If you have previously met your deductible but not your out-of-pocket max, you might owe a copay or co-insurance. How much you will pay depends on your plan and the services that are received.

Covered-in-full (Paid): Benefit is paid entirely by your insurance plan. An example would be an annual physical that may be performed at Rejuv Medical.

***Very few insurers pay at 100%. Contact your insurance for clarification of your deductible, co-insurance, copay and out of pocket max. ***

Not Covered: Services that are not paid for/covered by your insurance plan. This would include services that aren't medically necessary or investigational/experimental.

Patient Billing

Copays: All patients with an insurance co-pay are expected to pay their co-pay in full at check in prior to seeing a provider. Our contract with the insurance company requires that we collect this amount. The patient's agreement with his or her insurance company also requires payment of this fee by the patient at the time of service.

Responsible Parties of Minors: Parents or legal guardian are responsible for the cost associated with the treatment of a minor children. The parent accompanying the minor child to the clinic shall be responsible for any co-pay regardless of the custodial rights.

Statements: Insurance rulings on your claims are generally received within 14-30 business days after submission of your clinic visit. Once we receive this information from your insurance, a statement will be sent to you if there is a remaining unpaid balance on your account. Your unpaid balance is due upon receipt of your statement unless other arrangements have been approved by Rejuv Medical, PA. Statements will be sent to the address listed on your registration form. Please notify our office if you want your statements to go to an alternate address.



Lab Services

Rejuv Medical, PA does not process labs onsite for our providers - all lab processing is done through Quest Diagnostics. Certain insurance companies require labs be billed by the lab actually PROCESSING the sample, so be aware that you may receive a separate bill from Quest Diagnostics. Any questions or concerns regarding that bill would need to be addressed directly with Quest Diagnostics.

Payment Policy

Cash paid balances: All cash paid balances need to be paid at the time of service. This would include:

Orthopedic Sports Medicine:

Prolotherapy
Platelet Rich Plasma (PRP) Treatment
Stem Cell Treatment
Shockwave

Functional Medicine:

IV Therapy
LEANboost
Food Sensitivity Testing
Saliva Testing
Sexual Wellness PRP

Esthetics

Botox
Dysport
Fillers
Facial & Hair PRP

Payment Plan Policy: All billed patients will have the opportunity to contact Rejuv Medical, PA to discuss payment arrangements for their accounts at any time in the billing process. There is a minimum amount of \$50.00 per month or 10% of the balance a month, whichever is greater.

If patients are unable to meet the financial obligation, a non-emergency service would need to be rescheduled, as well as future appointments will have to wait until a payment is received or payment plan is implemented.

Payment Options: Payments may be made with cash, personal check, credit card (VISA, MC, AMEX, and Discover), or Care Credit.

Returned Check Fee: There is a \$25.00 fee for returned checks.

Collections

Should a patient fail to keep his or her balance current, Rejuv Medical, PA may proceed with various methods of collections of the past-due amounts.

A minimum of three (3) separate statements will be mailed or emailed to the last known address of the patient. Also, a minimum of 60 days shall have lapsed between the first and last of the required three (3) mailings. It is the patient's obligation to always provide a correct mailing address upon moving. If an account does not have a valid address, staff will attempt to reach out and see if an alternate address can be given.

Using billing statements, letters, and phone calls, Rejuv Medical, PA will make diligent attempts to contact patients to resolve outstanding accounts. If accounts are not resolved during this process, the outstanding balance may be referred to a third-party agency or attorney for collections. If a patient's balance is referred to collections, that patient will **NO** longer be able to be seen by any providers at Rejuv Medical, PA going forward.



Scheduled Appointments

If you are unable to keep your scheduled appointment, please call us at least 24 hours in advance to reschedule/cancel your appointment. If there are multiple cancelled or no-showed appointments, Rejuv Medical, PA reserves the right to require a \$25.00 appointment hold fee to schedule any future appointments and no more than two appointments can be scheduled at a time. Appointment hold fees are non-refundable if scheduled appointment is cancelled or a no showed.

Records Request

If copies of your records are needed or are to be transferred to another facility, you must make the request in writing. We reserve the right to charge reasonable copying fees. Any attorney requesting records needs to send in a medical record request. Rejuv Medical, PA reserves the right to take up to 10 days to process a request.

Legal Claims

If you are being treated due to a motor vehicle accident or workers compensation claim, Rejuv Medical, PA requires that patients allow us to bill your personal health insurance carrier pending settlement of your case. In the absence of personal insurance, the self-pay discount will be applied and need to be paid at the time of check out. Payment of your bill remains your responsibility. When an attorney is involved, you will be required to obtain a Letter of Protection before any other services are rendered.

PLEASE INITIAL THE FOLLOWING:

_____ **Rejuv Medical, PA cannot guarantee insurance coverage by your insurance carrier. The information you provide will assist us in determining if some of the expenses are reimbursable by insurance.**

_____ **I understand that I am financially responsible for all charges whether paid by my insurance carrier.**

SIGNATURE BELOW CONFIRMS THAT YOU HAVE BOTH READ AND UNDERSTAND ALL POLICIES AND CONDITIONS.

Patient Name - Print First and Last

Relationship (if patient is a minor)

Patient (or responsible party) Signature

Date



How Did You Hear About Us?

Please check all that apply

Your Name: _____

Date: _____

Professional Referral

- | | | |
|---|--|---|
| <input type="checkbox"/> Physician/Nurse | <input type="checkbox"/> Chiropractor | <input type="checkbox"/> Salon/Spa/Massage |
| <input type="checkbox"/> Work Comp Adjuster | <input type="checkbox"/> Sports Team Sponsor | <input type="checkbox"/> Athletic Trainer/Coach |

Name of Professional Referral: _____

Radio Advertisement

- | | | |
|--|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Wild Country 99 | <input type="checkbox"/> Lite 99.9 | <input type="checkbox"/> 104.7 KCLD |
| <input type="checkbox"/> Mix 94.9 | <input type="checkbox"/> AM1240 WJON | <input type="checkbox"/> 98.1 Country |
| <input type="checkbox"/> Spirit 92.9 | <input type="checkbox"/> KFAN | <input type="checkbox"/> Other _____ |

Internet Advertisement

- | | | |
|--|------------------------------------|----------------------------------|
| <input type="checkbox"/> Google/Search | <input type="checkbox"/> Facebook | <input type="checkbox"/> YouTube |
| <input type="checkbox"/> Linked In | <input type="checkbox"/> Instagram | <input type="checkbox"/> TikTok |

Printed Materials

- | | | |
|--------------------------------------|---|------------------------------------|
| <input type="checkbox"/> Postcard | <input type="checkbox"/> Flyer | <input type="checkbox"/> Magazine |
| <input type="checkbox"/> Coupon Book | <input type="checkbox"/> Sports Program | <input type="checkbox"/> Newspaper |

Other

- | | | |
|---|--|--------------------------------|
| <input type="checkbox"/> Billboard | <input type="checkbox"/> Expo _____ | <input type="checkbox"/> Email |
| <input type="checkbox"/> Employee _____ | <input type="checkbox"/> Friend/Family _____ | |
| <input type="checkbox"/> Networking Group _____ | | |