

Platelets rich plasma for treatment of chronic plantar fasciitis

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Abstract

Background Plantar

plantar fasciitis is a common cause of heel pain. The aim of this study was to evaluate the effectiveness of platelet rich plasma (PRP) in the treatment of chronic plantar fasciitis.

Materials and methods Between

2011, 20 patients with chronic plantar fasciitis were treated with PRP. The patients were followed up for 6 months. The results were compared with the control group.

Results The

Conclusion The

use of PRP in the treatment of chronic plantar fasciitis is effective. The results of this study show that PRP is a safe and effective treatment for chronic plantar fasciitis.

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